Weekly Menu

Feridean Commons

	Sun 11-15-2026	Mon 11-16-2026	Tue 11-17-2026	Wed 11-18-2026	Thu 11-19-2026	Fri 11-20-2026	Sat 11-21-2026
LUNCH	Cream of Cauliflower Soup Green Salad Ham Bunwich Chips Three Bean Salad Assorted Cookies	Lentil Soup Green Salad Homestyle Sloppy Joes Tater Tots Mixed Vegetables Chocolate Peanut Butter Cookie	Split Pea Soup Green Salad Herb Roasted Turkey with Gravy Homestyle Stuffing Creamy Mashed Potatoes Green Bean Casserole Glazed Baby Carrots Baked Roll Pumpkin Pie	Tortilla Soup Green Salad Pierogies and Sausage Cabbage Waldorf Salad Lemon Bar	Vegetable Medley Soup Green Salad Fried Bologna Sandwich French Fries Cranberry Spinach Salad Soft Oatmeal Raisin Cookie	Stuffed Pepper Soup Green Salad Mushroom Swiss Burger French Fries Mixed Vegetables Assorted Cookies	Tomato Soup Green Salad Grilled Cheese with Bacon California Blend Toffee Bar
DINNER	Green Salad Cream of Cauliflower Soup Beef and Noodle Casserole Lima Beans Baked Roll Assorted Cookies	Green Salad Lentil Soup Baked Parmesan Crusted Chicken Herb Mashed Potatoes Green Beans with Bacon Fresh Cornbread Peach Cobbler Pie	Green Salad Split Pea Soup Pork Chops with Sour Cream Sauce Homestyle Stuffing Peas and Mushrooms Whole Grain Bread Assorted Cookies	Green Salad Tortilla Soup Swiss and Onion Chicken Breast Parsley Potatoes Chef's Steamed Vegetable Whole Grain Bread Cherry Cheesecake	Green Salad Vegetable Medley Soup Pecan Crusted Cod Parsley Potatoes Seasoned Zucchini Whole Grain Bread Assorted Cookies	Green Salad *or* Stuffed Pepper Soup Fried Chicken *or* Liver and Onions Fresh Mashed Potatoes Green Beans Baked Roll Banana Cream Pie	Green Salad Tomato Soup Ham Loaf *or* Turkey Burger Roasted Red Potatoes Buttered Squash Whole Grain Bread Assorted Cookies
	Milk offered at every meal						Week 1

Dietitian's Signature: Lisa Nobl 9-7-26 #997564