Weekly Menu

Feridean Commons

	Sun 10-25-2026	Mon 10-26-2026	Tue 10-27-2026	Wed 10-28-2026	Thu 10-29-2026	Fri 10-30-2026	Sat 10-31-2026
LUNCH	Cream of Celery Soup Green Salad Loaded Potato Chicken Dish Chef's Steamed Vegetable Whole Grain Bread Fresh Peach Cobbler	Classic Chicken Noodle Soup Green Salad Egg Salad Sandwich Cucumber Pepper Salad Banana Pudding	Corn Chowder Open Faced French Onion Chicken Sandwich French Fries California Blend Grandma's Brown Sugar Cake	Fresh Vegetable Soup Green Salad Chili Coney Dog Chips Green Beans Butterscotch Spice Cookie	Rosemary Pork Stew Broccoli Ham Quiche Tater Tots Pickled Onions Garlic Bread Ambrosia	Tuscan Vegetable Stew Green Salad Chicken Spinach and Berry Salad Green Salad Whole Grain Bread Banana Bread	Cream of Mushroom Soup Green Salad Sub Sandwich Herb Sauteed Vegetables Egg Custard Pie
DINNER	Green Salad Creamed Spinach Soup Glazed Baked Ham Garlic Herb Mashed Potatoes Beets Whole Grain Bread Assorted Cookies	Green Salad Classic Chicken Noodle Soup Baked Fish Fillet AuGratin Potatoes Mixed Vegetables Baked Roll Assorted Cookies	Green Salad Corn Chowder Sausage Country Gravy with Biscuits Homestyle Fried Potatoes Sliced Tomatoes Assorted Cookies	Green Salad Fresh Vegetable Soup Lasagna Roll-Ups Garlic Bread Steamed Cauliflower Assorted Cookies	Green Salad Rosemary Pork Stew Salisbury Steak and Gravy Buttered Noodles Peas and Carrots Whole Grain Bread Assorted Cookies	Green Salad *or* Tuscan Vegetable Stew Manicotti with Marinara Sauce *or* BBQ Pork Ribs Fried Potatoes and Onions Zucchini Corn Saute Baked Roll Assorted Cookies	Green Salad Chicken Tenders *or* Classic Beef Stew Baked Sweet Potato Fries Country Trio Medley Baked Roll Assorted Cookies
	Milk offered at every meal						Week 3

Dietitian's Signature: Lisa Wolf 9-1-26 #997564